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STARCAMP's core ethos and renowned reputation is based on the building of children's self-esteem and confidence. We invite all 4 to 13 year old boys and girls of all levels and abilities to partake in our week long camp that will make a difference!

Sponsored by

LIMITED PLACES - DON'T BE DISAPPOINTED **BOOK NOW AT** WWW.STARCAMP.IE OR CALL 021 4377900



Every child that attends Starcamp Summer Camp 2014 will be in a **DRAW TO WIN A VIP FAMILY HOLIDAY TO DISNEYLAND PARIS!** And 1 from every camp will be randomly selected to sing on A CHARITY SINGLE THAT WILL BE **RELEASED INTO THE CHARTS!**

KINSALE COMMUNITY SCHOOL 14TH - 18TH JULY & 11TH - 15TH AUG **STAGE SCHOOL COMING SOON!** SEE WWW.STARCAMP.IE FOR FULL LIST OF DATES AND VENUES **INCLUDING CARRIGALINE, DOUGLAS, BANDON & CLONAKILTY**

Kinsale Arts Festival

Help us celebrate 10 years of Kinsale Arts Festival with a special project for all the community to enjoy.

We're reviving the old Irish sweathouse and will create a fun and playful space that sparks the imagination.

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For more information see: Kinsaleartsfestival.com





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• Talks • Mass • Adoration • Confessions

Rosary • Materials for Adoration • Benediction
 Children's Adoration • Eucharistic Procession

Blessing of the Sick • Launch of Book for Adorers

Guest Speaker: Frances Hogan Choir: John McNally (Irish Tenor) and Navan Male Voice Singers Chief Celebrant: Most Rev Michael Neary, Archbishop of Tuam.

We wish to have every Parish in Ireland well represented, so organise buses and cars as soon as possible. Invite family, friends, neighbours and other apostolates and organisation. All welcome. Looking forward to meeting you at Knock Shrine on June 22nd.

Contact Mary 085 745 9011



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You can enjoy our super, authentic home cooked & guaranteed mouth watering Indian & Punjab dishes from Goa to Khyber Regions - All prepared and cooked to the highest quality - with FREE boiled or pilau rice with every main course dish.

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Friday 16th May BEACHCOMBERS 11.30pm-2am

Saturday 17th May TRAD SESSION 9pm-11.30pm **FLIPSIDE SELECTA &**

DJ FAKE ROLEX 11.30pm-2am

Sunday 18th May MICKEY AND JONO 8pm-10pm **COCO MOJO** 11pm-1.30am

> Monday 19th May **POLLY BARRETT** 9pm-11.30pm

Tuesday 20th May MICKEY AND JONO 9pm-11.30pm

Wednesday 21st May

TRAD SESSION 9pm-11.30pm

Thursday 22nd May TEKNO PRESENT AND MENNICK 9pm-11.30pm

> Friday 23rd May QUINCY 11.30pm-2am

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CLINIC FOR Physical Therapy - Rehabilitation Functional Exercise 26 Haven Bay Apts., Kinsale

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- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/Discomfort
- Strains/Sprains
- Sports Injuries/Recovery
- Soft Tissue Repair

- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

Please call for your appointment: Sabine Graef (BEd., SMT, NMPT) Mob. 087 9872783 Email: sabinegraef@eircom.net

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

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KINSALE COMMUNITY RESPONSE TO DEMENTIA

Information session for carers of people with memory loss and dementia

Thursday 22nd May: 7.30pm-9.00pm

At Actons Hotel, Kinsale

Riana Vermaak will be looking at tips to help communication flow.

Riana is a Clinical Psychologist with South Lee Primary Care Network.

All WELCOME: for more information contact Liz at 4709700



SCOIL NAOMH ELTIN Scoil Naomh Eltin, Cionn tSáile, Co. Chorcaí JUNIOR INFANTS FOR SEPTEMBER 2014 are invited to SCOIL NAOMH ELTIN to meet their teacher and school Principal on FRIDAY 16TH MAY 1:30pm - 2:30pm Please bring your parents also!

Tel. **021 4774040** Email: info@scoilnaomheltin.ie Website: www.scoilnaomheltin.ie

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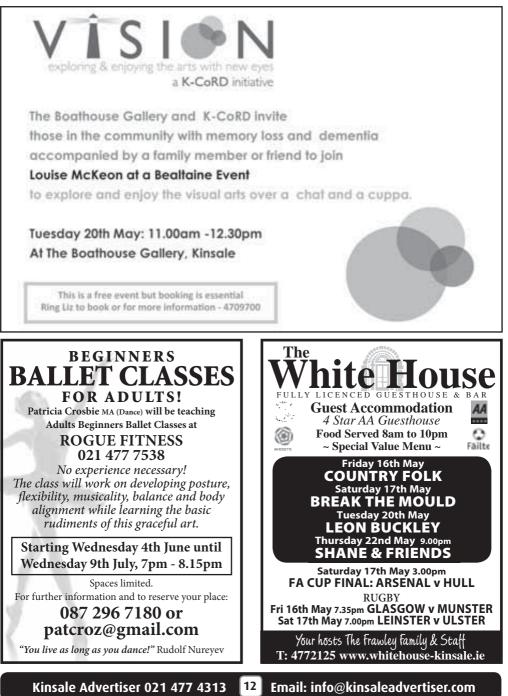
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VOTE No. 1 Clir. ALAN COLEMAN

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Bandon - Kinsale - South Carrigaline FRIDAY MAY 23RD LOCAL ELECTIONS VOTE No. 2 for Margaret Murphy O'Mahony

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Monday 8 Tuesday 8 Wednesday 8 Thursday 8 Friday 8 Saturday 8 Sunday 9 Public & Bank Holidays 9

8am - 8pm 8am - 8pm 8am - 8pm 8am - 8pm 8am - 9pm 8am - 8pm 9am - 8pm

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€8	Mixed Leaf Salad
€5	Potato, Chive & Crème Fraîche Salad
	Rocket & Red Chard Leaf
€3.50	Tomato, P <mark>enne &</mark> Basil Salad
€8.50	Roasted Pepper & Rocket Penne Pasta Salad
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€3	Tomato, Feta Cheese & Marinated Black Olives
€8	Spicy Saffron Rice
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VOTE No.1 MARGARET MURPHY O'MAHONY *"I'll be there for you"*

Bandon - Kinsale - South Carrigaline FRIDAY MAY 23RD LOCAL ELECTIONS VOTE No. 2 Alan Coleman





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VOTE ONLINE AT www.foodietown.ie/kinsale



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Friday 16th May 9pm KING K

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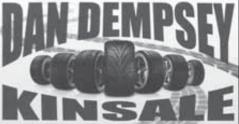
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Margaret 086 8090887 Ger 086 8200673



Contact Trish or Zoe on 085 781 9031

CHILDMINDER REQUIRED Mainly drop & collect from school 2 days per week - Flexibility required Occasional full day required Belgooly area Phone: 086 8627214

NOTICES

Kinsale GAA Golf Classic Have you booked your tee times yet?

Have you booked your tee times yet? FRIDAY 23rd MAY €180 Call Laurence now 087 9056737

Special Thanks to Harringtons Eurospar & Kevin O'Leary Group, Bandon for coming on board as joint main sponsors.

Kinsale GAA Coffee Morning FRIDAY 16th MAY Temperance Hall 10am - 2pm

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen. Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Newer known to fail. Anne

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ST. MULTOSE PARENTS' ASSOCIATION

SUMMER CARNIVAL SATURDAY 17th MAY 2pm - 4pm ST. MULTOSE HALL KINSALE ADMISSION: €2 (Children free)

Games include Ducks in Pond, Ring Toss, Lollipop Tree, Pin the Tail on the Donkey, Plinko and lots more indoor and outdoor games. 50 cents per game with a prize won every time.

Teas, Coffees, Refreshments, Popcorn & much more served. ALL WELCOME!



DOORS OPEN 7.00PM EYES DOWN 7.30PM BOOK of 10 GAMES €10 GUARANTEED JACKPOT, RAFFLE AND SPOT PRIZES... OVER 16s ONLY LICENCE GRANTED





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SAT & SUN: 2PM & 3PM Please see sandwich board at Tourist Office & Pier Rd. for updated times. Complimentary Tea/Coffee Served Cruises are subject to weather and tide. T:086 250 5456 www.kinsaleharbourcruises.com





First Friday Clinics at the Trident Hotel, Kinsale at 12.30pm.

Clonakilty Office 023 8858770 Bandon Office 023 8843868 Please contact the office as times may vary.



FRI 16th MAY ARMADA BAR: Niche. AUDIVOX CLINIC: Haven Bay, 9.30am. BACCHUS NIGHTCLUB: DJ Mark, 11.30pm. BINGO: Actons Hotel, 7pm. BULMAN: King K, 9pm. BLUE HAVEN: Love Junkies, 9.30pm. CODER DO IO: **Kinsale Commercial** Park, 7pm-9pm. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am, 11.15am. FOLKHOUSE: The Hoots, 10pm. HAMLETS: D.J. HARBOUR CRUISE: Cruise at 2pm. Departs beyond Actons. **KINSALE BRIDGE CLUB:** Trident Hotel, 10am. **KINSALE COLLEGE:** As You Like It, College Amphitheatre, 8pm. KINSALE GAA: Coffee Morning, Temperance Hall, 10am - 2pm. SCOIL NAOMH ELTIN: Meet with Junior Infants' Teacher and Principal. 1.30pm - 2.30pm. SEANACHAI: Beachcombers, 11.30pm. SILENT BANJO The Jooks, 10.30pm. WHITE HOUSE: Country Folk.

SAT 17th MAY

ARMADA BAR: Alan Kiely. BACCHUS NIGHTCLUB: DJ Sean, 10.30pm. BANDON CO-OP: Free Interior Design Consultations.

BLUE HAVEN: Aristocrats, 10pm. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am, 11.15am. FOLKHOUSE: The Houndogs, 10pm. HAMLETS: DJ. HARBOUR CRUISE: 2pm & 3pm. Departs beyond Actons. **KINSALE COLLEGE:** As You Like It. College Amphitheatre, 8pm. KINSALE COMMUNITY PLAYSCHOOL: Open Mornina, 10am - 11.30am. OSCAR MADISONS: Puc Ar Buile, 10.30pm. SEANACHAI: Trad Session, 9pm. Flipside Selecta & DJ Fake Rolex, 11.30pm. SILENT BANJO Cadillac Cats. 10.30pm. SUMMER CARNIVAL: St. Multose Hall. 2pm - 4pm. TRIDENT HOTEL: Easybeats.

WHITE HOUSE: Break the Mould.

<u>SUN 18th MAY</u>

ARMADA BAR: Live music. BLUE HAVEN: Darren & Friends, 9pm. BULMAN: Club on the Rocks, 8pm. DON & BARRY'S HISTORIC STROLL: The Tourist Office, 11.15am. FOODIE TOWNS 2014: Deadline for voting. FOLKHOUSE:

King K, 9.30pm. HARBOUR CRUISE: 2pm & 3pm. Departs beyond Actons.

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KINSALE COLLEGE: Open Day, 2pm - 5pm. KINSALE COLLEGE: As You Like It, College Amphitheatre, 8pm. SEANACHAI: Mickey & Jono, 8pm. Coco Mojo, 11pm.

MON 19th MAY

BLUE HAVEN: Irish Night: Arundo & Irish Dancers, 9pm. DALTONS BAR: Traditional Irish Music. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am, 11.15am. HARBOUR CRUISE: Cruise at 2pm. Departs beyond Actons. SEANACHAI: Polly Barrett, 9pm.

TUES 20th MAY

Traditional Irish Music BLUE HAVEN: Sonnie & Friends, 9pm. DALTONS BAR: Traditional Irish Music DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am, 11.15am, HARBOUR CRUISE: Cruise at 2pm. Departs beyond Actons. HAVEN BAY CARE **CENTRE:** Smoke-Free Centre Launch with Prof. Luke Clancy, 3pm. KINSALE ACTIVE RETIRED: Eileen O'Brien, Flower Arranging. KINSALE JOBSEEKERS RESOURCE CENTRE: Red Cross Centre Church Lane. 10am - 12.30pm. SEANACHAI: Mickey & Jono, 9pm.

VISION: A K-CORD INITIATIVE: Louise McKeon at the Boathouse Gallery, 11am - 12.30pm. WHITE HOUSE: Leon Buckley.

WED 21st MAY

Traditional Irish Music. BLUE HAVEN: Niall McCabe, 9pm. DON & BARRY'S HISTORIC STROLL: The Tourist Office 9.15am, 11.15am. HARBOUR CRUISE: Cruise at 2pm. Departs beyond Actons. KINSALE VOICES: Blue Haven Café, 7.30pm - 9.30pm. SEANACHAI: Trad Session, 9pm.

THUR 22nd MAY

BACCHUS NIGHTCLUB: DJ Mark, 11.30pm. BLUE HAVEN: Arundo - Traditional Irish Music, 9pm. DALTONS BAR: Traditional Irish Music. DON & BARRY'S HISTORIC STROLL: 9.15am, 11.15am. FOLKHOUSE: Mike & Rory, 9.30pm. HARBOUR CRUISE: Cruise at 2pm. Departs beyond Actons. K-CORD: Riana Vermaak, Actons, 7.30pm - 9.00pm. KINSALE TIDY TOWNS: Town car park, 7pm. SEANACHAI: Teckno Present & Mennick, 9pm. WHITE HOUSE: Shane & Friends, 9pm.

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